

PROPER BAGEL

proper breakfast sandwiches

new yorker	8
egg, applewood bacon or sage sausage, american cheese, & ketchup *	
avocado & egg	11
egg, avocado, plain cream cheese, arugula, & housemade tomato jam *	
gouda & egg	10.25
egg, applewood bacon or sage sausage, smoked gouda cheese, & spicy ketchup *	

garlic rosemary & egg	9.5
egg, applewood bacon, roasted garlic & rosemary cream cheese *	
pesto & egg	11
egg, pesto, avocado, tomato, & swiss cheese *	
the sangwich	11.25
egg, grilled mortadella, american cheese, hashbrowns, ketchup or spicy mustard *	
leo	11.25
scrambled eggs, sautéed chopped nova & onions w scallion dill cream cheese (not offered w/o eggs) *	

proper cream cheeses

plain	3.75
scallion dill	4.75
fresh veggie	4.75
roasted garlic & rosemary	5
jalapeño bacon	5.25
dill pickle	4.75
lox cream cheese with capers	5.75
walnut raisin	5.75
strawberry shortcake	4.75
blueberry pie	4.75
lavender honey	4.75
cookie dough	5
birthday cake	5
vegan scallion	6.75
vegan cinnamon hazelnut	6.75
seasonal	mkt

proper butters & jams

plain butter	3.75
fresh strawberry butter	4
cinnamon sugar butter	4
peanut butter	4
mixed berry jam	3.75

smoked fish sandwiches

flown in from brooklyn, n.y. - hand sliced to order *
w/ scallion dill cream cheese, capers, red onion & tomato

nova scotia salmon	15.5
pastrami nova	15.5
belly lox (salty)	15.5
whitefish piece	15.5

proper salad sandwiches

w / arugula, tomato, & pickled red onion

classic tuna	10.5
fresh veggie tuna	10.5
chunky chicken	10.5
waldorf chicken	10.75
bleu cheese chicken	11
classic egg salad	10
whitefish salad	13.5
baked salmon salad	13.5
seasonal hummus	mkt

stack it up

add avocado	3	add arugula	1.25
add hashbrowns	2	add plain cream cheese	1.25
add bacon	2.5	add flavored cream cheese	mkt
add sausage	2.5	add vegan cream cheese	2
add vegan maple sausage	3	add tomato5
add sliced cheese	1.5	add onion5

prices subject to change

*consuming raw or undercooked meats, poultry, seafood, shellfish, eggs, or unpasteurized milk may increase your risk of food-borne illness

proper lunch sandwiches

smoked turkey brie . . . 8.5	smoked turkey blta . . . 9.5
house-smoked turkey, stone ground honey mustard, arugula, granny smith apples, & brie cheese *	house-smoked turkey, applewood bacon, seared tomato, avocado, balsamic drizzle, & mayo *
reuben 8.5	pesto chicken melt. 11
corned beef, house-made caraway sauerkraut, swiss cheese, & house-made russian dressing *	house pesto marinated chicken, avocado, arugula, muenster cheese, & mayo*
rachel. 10.25	veggie burger. 10.25
pastrami, house-made caraway sauerkraut, swiss cheese, & house-made russian dressing *	house-made vegan veggie burger avocado, tomato jam, & arugula
proper grilled cheese . 9	fresh mozzarella. 11
inside out bagel w/ melted swiss, muenster, & cheddar cheese	fresh mozzarella, house-made olive tapenade, tomato, arugula, balsamic drizzle, & basil oil

stack it up

add avocado. 3	add arugula. 2
add bacon 2	add vegan cream cheese . . 2
add sliced cheese. . . . 1.5	add tomato 5
add cream cheese. mkt	add onion 5

proper green salads

caprese. 10.25
arugula, fresh mozzarella, tomato, kalamata olives, avocado, basil oil, & balsamic drizzle
cobb 10.25
arugula, bacon, turkey, avocado, egg, red onion, tomato, & balsamic dressing*
greek 10.25
arugula, balsamic glazed chicken breast, pickled onion, seared tomato, feta, kalamata olives, banana peppers, & balsamic dressing*

proper toasts

on house-made challah

peanut butter & banana 11.25
peanut butter, banana, applewood bacon, house-made marshmallow, & honey drizzle
smoked salmon toast. 15.5
fresh smashed avocado, pickled onion, pickled radish, & hand-sliced nova scotia salmon *
smashed avo. 12.5
fresh smashed avocado, arugula, seared tomato, pickled radish, & house-made basil oil
tuna melt. 13.25
tuna salad, house-made pickled relish, seared tomato, muenster cheese, & house-made basil oil *



crema coffee drinks

drip	
12oz	3.75
iced coffee	4.5
latte	
8oz	5
12oz.	5.5
iced.	6
cappuccino	
8oz	4.5
12oz.	5
espresso	
double.	4
12oz americano	4.5
iced americano	5

housemade syrups

lavender honey.	1.25
cinnamon & local honey .	1.25
salted caramel.	1.25
vanilla bean.	1.25
mocha	1.25
simple syrup.50

milk alternatives

almond milk.	1.25
oat milk	1.5

proper hot

proper hot chocolate. . .	5.5
w house-made marshmallow	
proper dark & dirty. . . .	6.5
house-made hot chocolate w/ espresso	

proper cold

chocolate milk.	4
made w/ house-made mocha	
fresh squeezed lemonade . .	4
lavender honey lemonade . .	5
arnold palmer.	4.5
unsweet iced tea.	3.5
assorted drinks.	mkt

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