

PROPER BAGEL

breakfast bagel sandwiches

choice of seared tomato, sweet potato mash, micro green salad

*ricotta & egg / 8

farm egg w fresh ricotta, rosemary & chive spread

*avocado & egg / 9

farm egg, avocado, plain cream cheese, arugula & housemade tomato jam on a bialy

*gouda & egg / 8

farm egg, applewood bacon or local sage sausage, smoked gouda cheese & spicy maple ketchup

*rosemary garlic cream cheese

& egg / 8

farm egg, applewood bacon, roasted garlic & rosemary cream cheese

*new yorker / 7

farm egg, applewood bacon or local sage sausage, white american cheese & ketchup

*new york leo / 9

scrambled farm eggs, sauteed lox & onions w scallion dill cream cheese (not offered without eggs)

see message board for list of daily bagel varieties

bagels with housemade butter

black & blue	3.5
butter pecan	3.5
fresh strawberry	3.5
apple	3.5
fig & honey	3.5
whipped butter	2.5

bagels with housemade jam

raspberry	3.5
black & blue	3.5
fig	3.5
sweet tomato	3.5
whipped butter	+.25

bagels with custom cream cheese

tomato & red onion optional

scallion dill	4.5
bacon jalapeno5
fresh veggie	4.5
walnut raisin	4.75
strawberry shortcake	4.75
nutella peanut butter	4.75
birthday cake	4.75
lavender honey	4.75
roasted garlic & rosemary	4.75
cookie dough	4.75
lox cream cheese w capers	5.5
dill pickle	4.5
plain cream cheese	3
chef's choice	market price

toasts

on housemade challah

*smashed avocado / 10.5

fresh smashed avocado, arugula, seared tomato & pickled radish (farm egg + 2)

fig & prosciutto / 12.5

prosciutto di parma, arugula, brie cheese & fig spread

black & blue jam / 9.5

ricotta cheese, black & blue jam, fresh berries & lavender honey

peanut butter & banana / 10.5

housemade peanut butter spread, fresh banana, applewood bacon & housemade marshmallow

tuna melt / 11

tuna salad, housemade pickled relish, seared tomato, muenster cheese & fresh basil oil

*smoked salmon / 13

nova scotia salmon, fresh smashed avocado, pickled onion & pickled radish (farm egg +2)

proper breakfast items

house granola / 7

housemade walnut granola, almond milk & fresh berries

greek yogurt & granola / 7

rosewater greek yogurt, housemade walnut granola, fresh berries & lavender honey drizzle

potato latkes / 7

w apple butter & sour cream

seasonal fresh fruit / 4

more

bagel sandwiches

choice of seared tomato, sweet potato mash, micro green salad

roast beef cheddar / 12

warm house roast beef, sweet onion jam, local cheddar & housemade horseradish mayo

rare roast beef / 12

cold house roast beef, muenster cheese, chimichurri sauce, arugula, tomato, bermuda onion & mayonnaise

smoked turkey blta / 12

house smoked turkey, cherrywood bacon, seared tomato, avocado w balsamic drizzle & housemade mayo

smoked turkey brie / 11

house smoked turkey, stone ground honey mustard, arugula, granny smith apples & brie cheese

roasted turkey / 12

house roasted turkey, housemade cranberry chutney, arugula, camembert cheese & mayo

the carmine / 12.5

prosciutto di parma, pepperoni, mortadella, roasted red peppers, arugula, fresh mozzarella, oil & vinegar

reuben / 12

local corned beef, housemade caraway sauerkraut, swiss cheese & russian dressing

rachel / 12

local pastrami, housemade caraway sauerkraut, swiss cheese & russian dressing

fresh mozzarella / 10.5

fresh mozzarella, housemade olive tapenade, tomato, arugula, balsamic drizzle & basil oil

portobello mushroom & herbed feta spread / 9.5

balsamic marinated portobello, herbed feta spread, seared tomato, arugula & pickled onion

proper salad sandwiches

w house pickles

arugula, tomato & pickled red onion
add avocado / +2 add cheese / +1

classic tuna salad 9.5

veggie tuna salad 10

balsamic tuna salad 10

chunky chicken salad 10

waldorf chicken salad 10.5

bleu cheese chicken salad . . . 10.5

classic egg salad 8.5

whitefish salad 11.5

baked salmon salad 11.5

smoked tuna salad w capers . . . 11.5

chef's choice hummus . . . market price

trio / in house only

choice of 3 salads 13

smoked fish salad / +3

smoked fish sandwiches

w house pickles

hand sliced fish w scallion dill cream cheese, capers, red onion & tomato

nova 14

belly 14

pastrami nova 14

sable 15

filleted whitefish 14

green salads

caprese salad 12

w fresh mozzarella, arugula, tomato, kalamata olive, avocado, basil oil & balsamic drizzle

cobb salad 12

w arugula, bacon, turkey, avocado, egg, bermuda onion, tomato & balsamic dressing

greek salad 12

w balsamic glazed chicken breast, arugula, pickled onion, seared tomato, feta, kalamata olives, banana peppers & balsamic dressing

matzah ball soup

cup 4.5

bowl 9



barista parlor coffee

12oz 3.5

16oz 4

iced 4

espresso 3.5

latte

8oz 4.5

12oz 5

iced 5.25

cappuccino

8oz 4.5

12oz 5

almond milk / +1

housemade syrups

lavender honey 1

cinnamon and local honey 1

salted caramel 1

vanilla bean 1

dark chocolate 1

proper hot

housemade hot chocolate

w marshmallow

12oz 5.25

dark and dirty

hot chocolate w espresso

12oz 6.25

assorted teas

12oz 2.5

16oz 3

proper cold

house lemonade market price

assorted teas market price

house chocolate milk 3

more

vegan & gluten free options available

*consuming raw or undercooked meats, poultry, seafood, shellfish, eggs or unpasteurized milk may increase your risk of foodborne illness