

PROPER BAGEL

breakfast bagel sandwiches

choice of seared tomato, glazed sweet potato, micro green salad

ricotta & egg / 8

farm egg w fresh ricotta, rosemary & chives

avocado & egg / 9

farm egg, avocado, plain cream cheese, arugula & housemade tomato jam on a bialy

gouda & egg / 8

farm egg, applewood bacon or local sage sausage, smoked gouda cheese & spicy maple ketchup

rosemary garlic cream cheese

& egg / 8

farm egg, applewood bacon, roasted garlic & rosemary cream cheese

new yorker / 7

farm egg, applewood bacon or local sage sausage, white american cheese & ketchup

new york leo / 9

scrambled farm eggs, sauteed lox & onions w scallion dill cream cheese (not offered without eggs)

toasts

on housemade challah

smashed avocado / 10

fresh smashed avocado, arugula, seared tomato & pickled radish (farm egg + 2)

fig & prosciutto / 12.5

prosciutto di parma, arugula, brie cheese & fig spread

black & blue jam / 9

ricotta cheese, black & blue jam, fresh berries & lavender honey

peanut butter & banana / 10

housemade peanut butter spread, fresh banana, applewood bacon & housemade marshmallow

tuna melt / 10

tuna salad, housemade pickled relish, seared tomato, muenster cheese & fresh basil oil

smoked salmon / 13

nova scotia salmon, fresh smashed avocado, pickled onion & pickled radish (farm egg +2)

see message board for list of daily bagel varieties

bagels with housemade butter

black & blue 3.5

raspberry 3.5

fresh strawberry 3.5

apple 3.5

fig & honey 3.5

whipped butter 2.5

bagels with housemade jam

raspberry 3.5

black & blue 3.5

fig 3.5

sweet tomato 3.5

whipped butter +.25

bagels with custom cream cheese

tomato & red onion optional

scallion dill 4.5

roasted veggie 4.75

fresh veggie 4.5

walnut raisin 4.75

strawberry shortcake 4.75

nutella peanut butter 4.75

olive 4.5

lavender honey 4.75

roasted garlic & rosemary . . . 4.75

maple bacon 4.5

cookie dough 4.75

lox cream cheese w capers 5.5

dill pickle 4.5

plain cream cheese 3

chef's choice market price

proper breakfast items

oatmeal / 7

maple cream, whiskey barrel aged honey & housemade walnut granola

greek yogurt & granola / 7

rosewater greek yogurt, housemade walnut granola, fresh berries & lavender honey drizzle

potato latkes / 7

w apple butter & sour cream

seasonal fresh fruit / 4

more

bagel sandwiches

choice of seared tomato, glazed sweet potato, micro green salad

roast beef cheddar / 12

warm house roast beef, sweet onion jam, local cheddar & housemade horseradish mayo

roast beef bleu / 12

warm house roast beef, melted crumbled bleu cheese, arugula & banana peppers

smoked turkey blta / 12

house smoked turkey, cherrywood bacon, seared tomato, avocado w balsamic drizzle & housemade mayo

smoked turkey brie / 11

house smoked turkey, stone ground honey mustard, arugula, granny smith apples & brie cheese

roasted turkey / 12

house roasted turkey, housemade cherry relish, arugula, camembert cheese & mayo

brisket / 12

house warm brisket, chimichurri sauce, raw bermuda onion & provolone cheese

reuben / 12

local corned beef, housemade caraway sauerkraut, swiss cheese & russian dressing

rachel / 12

local pastrami, housemade caraway sauerkraut, swiss cheese & russian dressing

fresh mozzarella / 10.5

fresh mozzarella, housemade olive tapenade, tomato, arugula, balsamic drizzle & basil oil

portobello mushroom & herbed feta spread / 9

balsamic marinated portobello, herbed feta spread, seared tomato, arugula & pickled onion

proper salad sandwiches

w housemade slaw

arugula, tomato & pickled red onion
add avocado / +2 add cheese / +1

classic tuna salad 9

veggie tuna salad 10

balsamic tuna salad 10

chunky chicken salad 9.5

waldorf chicken salad 10.5

bleu cheese chicken salad . . . 10.5

classic egg salad 8.5

whitefish salad 11

baked salmon salad 11.5

smoked tuna salad w capers 11

chef's choice hummus . . . market price

trio / in house only

choice of 3 salads 12

smoked fish salad / +3

smoked fish sandwiches

w housemade slaw

hand sliced fish w scallion dill cream
cheese, capers, red onion & tomato

nova 14

belly 14

pastrami nova 14

sable 15

filleted whitefish 14

green salads

caprese salad 12
w fresh mozzarella, arugula, tomato, kalamata
olive, avocado, basil oil & balsamic drizzle

cobb salad 11
w arugula, bacon, turkey, avocado, egg,
tomato & balsamic dressing

greek salad 11
w balsamic glazed chicken breast, arugula,
pickled onion, seared tomato, feta, kalamata
olives, banana peppers & balsamic dressing

seasonal soups

. market price



barista parlor coffee

12oz 3.5

16oz 4

iced 4

espresso 3.5

latte

8oz 4.5

12oz 5

iced 5.25

cappuccino

8oz 4.5

12oz 5

almond milk / +1

housemade syrups

lavender honey75

cinnamon and local honey 75

salted caramel 1

vanilla bean 1

dark chocolate 1

proper hot

local teas market price

housemade hot chocolate

w marshmallow

12oz 5.25

dark and dirty

hot chocolate w espresso

12oz 6.25

proper cold

house lemonade market price

local teas market price

more

vegan & gluten free options available